

COMPREHENSIVE CENTRE FOR SLEEP DISORDERS DEPARTMENT OF NEUROLOGY SREE CHITRA TIRUNAL INSTITUTE FOR MEDICAL SCIENCES AND TECHNOLOGY, TRIVANDRUM-695 011

# POLYSOMNO<mark>GRAPHY</mark> WORKSHOP

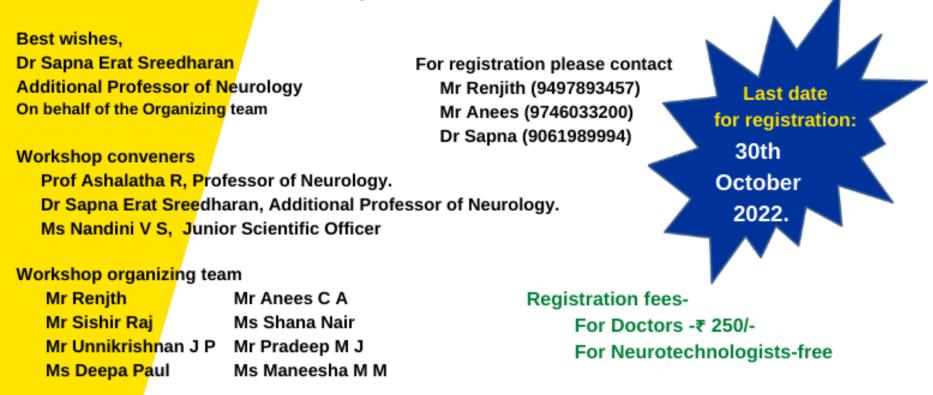
12<sup>th</sup> November 2022 9.30 am-1.30 pm

#### Dear Friends,

On behalf of Comprehensive Centre for Sleep disorders, Department of Neurology,we are organizing a half day teaching workshop on Polysomnography on 12th November 2022 at our Institute. The aim of the workshop is to give a comprehensive overview of Polysomnography, covering the types of studies, their indications, technology along with hands-on training in scoring and interpretation of studies to the participants. Even though sleep disorders are very common and can co-exist and overlap with other medical disorders, time spend on sleep medicine in our medical curriculum still remains suboptimal.Our workshop is targeted at trainees in Neurology, Respiratory medicine, ENT ,Psychiatry and Neurotechnology and aims to fill their current gaps in knowledge of Polysomnography.

Due to the nature of training, we are planning to limit the number of participants to 50 and need prior registration also.

Please don't hesitate to contact us for any clarifications.



# POLYSOMNOGRAPHY WORKSHOP

Target audience: Trainees in Neurology, Respiratory medicine, ENT and Neurotechnology. Maximum limit-50 participants Proposed date 12th November 2022 forenoon. PROGRAM OVERVIEW Registration 9-9.30 pm

	Торіс	Time	Speaker
1	Introduction to sleep disorders	9.30-9.50 am	Prof Asha <mark>latha R, Professor of Neurology,SCTIMST,TVM Professor of Neurology,SCTIMST,T</mark>
2	Basics of polysomnography	9.50-10.10 am	Prof Thomas lype, Head,Department of Neurology,MCH,TVM
3	Scoring sleep stages	10.10-10.30 am	Dr Sap <mark>na Erat Sreedharan, Anno 1997 Dr Sapna Erat Sreedharan, Additional Professor of Neurology,SCTIMST,TVM Addit</mark>
4	Scoring respiratory events	10.30-10.50 am	Dr Ameer Ali, Sen <mark>ior Consultant Pulmonologist and Sleep specialist,KIMSHEALTH,TVM</mark>
5	Parasomnias	10.50-11.10 am	Dr <mark>Soumya V C,</mark> C <mark>onsultant Neurologist and Epileptologist,Lourdes Hospital,EKM</mark>
6	Basics of PAP titration	11.10-11.30 am	Dr Ameer K A, Senior Consultant Pulmonologist and Sleep specialist,KIMSHEALTH,TVM
7	MSLT-technique and interpretation	11.30-11.50 am	Dr Rajit Pillai, Consultant Neurologist and Epileptologist, KIMSHEALTH,TVM
8	Generating a sleep study report-essentials	11.50-12.10 pm	Dr Sapna Erat Sreedharan, Additional Professor of Neurology,SCTIMST,TVM

Hands on scoring training and lab visit

12.10-1.30 pm



## POLYSOMNOGRAPHY WORKSHOP

Organized by Comprehensive Centre for Sleep disorders,Department of Neurology, Sree Chitra Tirunal Institute for Medical Sciences and Technology,Trivandrum.

### Registration form

Name :
Affiliation
Whether Student / Consultant
Address
Contact no:
Email ID :
Please whatsapp your filled registration forms to : Mr Ranjith, Medical Social Worker,

Department of Neurology, Mobile no : 9497893457